

Gender-Related Violence In Michael Apted's Enough(2002) And Anvita Dutt's Bulbbul(2020)

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Abstract-

Domestic Violence Or Intimate Partner Violence Is One Of The Prevalent Forms Of Gender-Related Violence. Any Violence Be It Physical, Economic Or Psychological Comes Under The Term Domestic Violence. The Reason For Domestic Violence Includes Socio-Cultural Beliefs, Illicit Affairs, Economic Conflicts, Dowry-Related Issues, History Of Family Violence Or Even Psychological Conditions Of The Partner. The Repercussions Of Domestic Violence Are Dreadful. In A Country Like India Customs And Traditions Have Always Been A Defense To Treat Women Bitterly. Domestic Violence Has Always Been A Pertinent Subject Of Discussion, Irrespective Of The Negligence That Faces. This Paper Aims To Unveil The Gender-Related Violence Revealed In Michael Apted's Enough And Anvita Dutt's Bulbbul. **Keywords-** *Domestic Violence, Identity, Marital Distress, Cognitive-Behavioral Theory, Women Resistance.*

Introduction

Intimate Partner Violence Has Seized Notoriety In Recent Times. The Subject Has Been Prominent Since Time Immemorial. The Leading Aspects Of Domestic Abuse Prevailing In This Age Are Socio-Religious Conflicts, Economic Conflicts, Distressed Marital Status And Myriad

Psychological Conditions. There Might Be Various Justification For Outraging A Woman, But The Mental Havoc That Abuse Does A Victim Is Often Concealed. Domestic Violence Was A Rudimentary Practice That Was Normalized Even In Age-Old Days. Sanctifying Gender Discrimination Was The Key Factor For Neglecting Domestic Violence Against Women. The Socio-Cultural Layout Treated Domestic Violence In An Ordinar Manner. Violence Against Women Is Often Gender-Specific. The Root Of Violence Starts From The Home Where A Woman Has To Be Safe And Secure. The Violence Hits The Women Psychologically When The Perpetrators Are From The Private Sphere. When Protectors Stand As Perpetrators, Violence Becomes Lawful. Violence Against Women Arises Due To The Patriarchal Structure Of The Society That Glorifies Male Chauvinism. A Society Where Men Wield Hegemony Constantly Subjugates Women.

“Bulbbul” Set In The Backdrop Of 1880 Directed By Anvita Dutt Recite The Gender-Related Violence That Prevailed In The Bengal Regions. Marital Distress Stands As The Major Reason For Domestic Violence. Financial Catastrophe, Physical And Psychological Ailments, Romantic Entanglement Are The Chief Reasons For Marital Distress. Women Are Made Scapegoats For Most Of Their Life In A Distressed Marriage. Bulbbul The Protagonist Of The Movie Was The Victim Of Intimate Partner Violence As Well As The Violence Executed By The Family Members. This Is A Crucial Anecdote That Displays Brutality. Bulbbul Unveils Gender-Related Violence And Male Chauvinism Within The Family Circle. Grudge And Age-Old Sentiments Are The Cause Of Domestic Abuse In Bulbbul. But It Also Exposes The Dark Secrets Of The Haveli. When A Man Is Into Illicit Relationships, It Is Considered As Normal. But The Same Society Questions Womens Chastity If She Is Into Any Other Affairs. From Toe Rings To Iron Rods, From Liberty To Captivity, The Story Unveils The Heart-Wrenching Cruelty Women Have Been Subjected To.

Unlike Indranil, Her Husband, Bulbbul Isn't A Wrongdoer, Yet She Is Brutally Abused Because Mistakes Aren't Mistakes If It's Men Who Commit That. Every Abuse Is Either A Path To Courage Or Weakness. Any Violence Be It Physical, Sexual Or Emotional, Repercussions Are Always Dreadful. Either It Would Decimate Or Relieve Them. Bulbbul Has Endured The Harsh Side Of Life, Been Curbed By The Family For A Long Time. "Large Mansions Have Large Secrets", Says Binodini When Her Husband Mahendar Brutally Raped Bulbbul", This Phrase Showcases The Negligence Of Violence. Chudail Symbolizes The Subdued Emotions Or Desires Of Bulbbul. Being A Victim Of Brutal Assault, She Avenges The Perpetrators Ferociously. The Transition From Bulbbul To Chudail And Balancing The Two Is Connected To Behavioral Changes. Her Perceptions And Spontaneous Thoughts Reflect In Her Actions. From Innocent Child To Blood Thirsty Demon-Women, There's A Reversal Of Grace To Vengeance. From A Doe-Eyed Little Bride To Horror-Stricken Woman That Realized Mans Deception, To That Matured Women Who Decides To Wipe Out The Injustice, Bulbbul Became The Goddess That Sheds The Blood Of Lecherous Men Of Haveli.

Bulbbul, The Movie Responds To Violence Inflicted On Her By Speculating The Role Accorded To Men. When Protectors Become Violators, A Woman Has To Fight By Herself. Being Physically Devastated By The Betrayal, Assault And Violence, Changed Her Perceptions Of Life. The Cognitive Theory Describes How People's Thoughts Influence Their Deeds. Though Bulbbul Is Considered The Goddess Who Protects The Ill-Treated Woman Of The Haveli, Chudail, Her Alter-Ego Is Born Out Of Her Distorted Beliefs And Experiences. Bulbbul's Spontaneous Thoughts Results In Her Behavior. Chudail Her Alter-Ego Is The One Who Reacts To This Thoughts. Distorted Beliefs And Thoughts Result In Actions Which Is The Result Of Emotional, Psychological, And Behavioral Responses To The Experiences.

In "Enough", Slim Miller Is Portrayed As A Passive Woman Who Falls Victim To Abuse From Her Husband Mitch, Who Is The Epitome Of A Rich, Classy, Dominant Male. She Experiences Both

Physical And Verbal Abuse From Her Husband Who Assaults Her Very Brutally. As The Movie Progresses, Slim Transforms From A Submissive, Weak Personality To A Strong And Independent Individual. As A Woman And A Mother, Her Anxiety, Fear, And Panic For Her Daughter's Life Primarily And For Her Own Can Be Seen. Due To The Trauma Of Having To Grow Up Without The Presence Of A Father Figure In Her Own Life, Her Insecurity And Anxiety Urge Her To Endure The Brutal Abuse She Is Subjected To. Her Own Distorted Thoughts Develop As A Response To The Situation That Haunts Her, In Turn Making Her Feel She Is The Villain Who Is Holding Back The Whole Family's Happiness. Added To That, Her Trauma From Her Husband's Verbal Lashing Weakens Her Mind. Slim Is A Perfect Example Of A Victim Submissively Falling Prey To Intimate Partner Violence. It Is Instinctual Of A Completely Dependent Woman To Go Desperate In Such A Situation As Slim's. When Her Misery Takes Her To The Extreme Due To Her Attempt To Evade Her Husband's Continuous Attempts At Assault, She Transforms Into A Woman Who Learns To Fight Back In Defense And Put An End To The Source Of Her Abuse Once And For All. She Stealthily Arranges Everything For Her Confrontation With Mitch. She Fights Back With Krav Maga, Which Is Very Appropriate For Her Situation Because She Intends To Destroy The Source Of All Her Wounds And Scars That Ruined Her Dream Life. She Is Ruthless In Her Intent To Destroy His Strength Completely. She Enacts Her Revenge In The Same Location As Where She Went

Through Merciless Torture. Slim's Realization Of The Damage Inflicted Upon Her Imagination Of A Blissful Life Transforms Her Into A Strong Entity, Capable Enough To Destroy A Dominant Male Like Mitch. Through The Course Of The Film, Slim The Dreamer Falls A Victim, Becomes A Survivor, And Ends Up A Ruthless Fighter In Order To Finally Set Herself Free From Her Restraints.

Conclusion-

Analysing The Two Movies – “Bulbul And Enough”, Both Which Depict The Theme Of Domestic Violence, It Is Understood That Both The Movies Are Centred Around The Main Protagonists Of The Movies Of Which Both Are Females, Subjected To Abuses Of Various Nature.

Domestic Violence, Also Known As Domestic Abuse, Spousal Abuse, Battering, Family Violence, And Intimate Partner Violence (Ips), Is Defined As A Pattern Of Abusive Behaviours By One Partner Against Another In An Intimate Relationship Such As Marriage, Family, Dating, Or Cohabitation.[1] Domestic Violence, So Defined, Has Many Forms, Including Physical Aggression Or

Assault Threats Thereof; Sexual Abuse; Emotional Abuse; Controlling Or Domineering; Intimidation; Stalking; Passive/Covert Abuse And Economic Deprivation.

The Domestic Abuse The Female Protagonists Have Gone Through And Their Behavioural Response To It Are Analyzed On The Basis Of The Theory Of Cognitive Behaviour, In Which Distortions Within The Cognitive System Leads To Maladaptive Thoughts And Actions.

Set In Different Timelines And Locations The Movies Share Some Common Attributes. The Protagonists Of Both Movies Are Portrayed As Entirely Dependent On Their Husbands And Isolated From The Rest Of The People Save For Their Respective Family Members. In The Case Of Slim, She Is Completely Dependent On Her Husband And When He Threatens Her With Economic Deprivation, She Is Left Completely Panic Stricken. Both Are Left Broken And Bruised Physically As Well As Psychology As A Result Of Their Husband's Dominant Patriarchal Attitude Towards Them.

The Most Important Element In The Movie Following The Female Protagonists In The Movies Are The Incidents That Depict Some Form Of Abuse Which Trigger Action From The Victims' Part.

After Bulbul Is Brutally Raped In Her Bedridden State, Her Change Is Almost Symbolic Of Goddess Kali, Punishing All The Abusive Men Around Her With A Whole New Identity, Brutally Murdering Them With The Alter Ego Called “Chudail”. Slim, After Coming To The Realisation That Evading Her Husband Would Only Further Complicate Her Problems, Decides To Face Him Head On, Wholly Prepared. By The End Of The Movie, Slim Is A Whole New Woman, Strong And Ruthless. Both Bulbul And Slim Go Through Character Transformation Tremendously After Being Exposed To Highly Traumatic Situations. Their Memory Of The Assault They Have Been Subjected To Gives Them That Surge Of Power And Thirst To Enact

Their Blazing Fury Upon Their Abusers By Their Own Hands Without The Intervention Of Any Other Form Of Authority Or Justice.

Works Cited

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